APA Citation Quick Guide

This guide includes examples of in-text citations and Reference List entries. All examples follow the guidelines in the 7th edition of the *Publication Manual of the American Psychological Association.* For additional details on citing sources in APA style, consult a copy of the *Manual* and apastyle.apa.org

In-Text Citations

In-text citations follow the *author-date* system and can be *parenthetical* or *narrative* in form.

1. **Parenthetical: (Author, year)**
   Cognitive functioning of gifted children begins at an early age (Pearlman, 2002).

2. **Narrative: Author (year)**
   Pearlman (2002) noted that the cognitive functioning of gifted children begins at an early age.

Examples

Source with one or two authors
Include the author(s) names in each citation:
The concept of identity has been discussed in literature (Burke & Stets, 2009).

Source with three or more authors
Cite the first author followed by *et al.*:
Consumer interests in design have been investigated (Shove et al., 2008).

Citing multiple works
List alphabetically by author(s) names, separated by semicolons:
Library anxiety impacts many first-year students (Jameson et al., 2019; Soria et al., 2017).

Source with a group author
Group authors can be abbreviated if the name is widely known. On the first mention, provide the complete name followed by the abbreviation:
ADHD is often diagnosed during childhood (Centers for Disease Control [CDC], 2019).

Anonymous source
When an author is designated "Anonymous" include the word Anonymous and the date:
Research is a vital part of academic life (Anonymous, 2009).

Source with no author listed
Include the work's title and year. If the title is italicized, retain the italics. [If it is not italicized, enclose it in quotation marks instead]:
Young people reported a preference for staying up late (*Handbook of Adolescents*, 2006).

References

List the sources you used within your paper alphabetically by the surname of the first author.

Examples

Article from a journal
Include the issue number in the citation:
Barclay, M.W. (1993). The echo phase. *Journal of Phenomenological Psychology, 24*(1), 17-45.

Journal article with a DOI (Digital Object Identifier)
[If an online work does not include a DOI, provide a non-database URL (if available) instead]:
Sawyer, J. (1966). Measurement and prediction, clinical and statistical. *Psychological Bulletin, 66*(3), 178-200. https://doi.org/10.1037/h0023624

Article with two to twenty authors
Use an ampersand (&) before the last author. [For works with 21+ authors, include 19 names, insert an ellipsis (. . .) and the final author's name]:
Liberman, V., Boehm, J.K., Lyubomirsky, S., & Ross, L.D. (2009). Happiness and memory: Affective significance of endowment and contrast. *Emotion, 9*(5), 666-680. https://doi.org/10.1037/a0016816

Print book with a single author
[For books with two to twenty authors, use an ampersand (&) before the last author]:
Arnheim, R. (1974). *Art and visual perception: A psychology of the creative eye.* University of California Press.

Book with a DOI
Kappeler, P.M. & Silk, J.B. (Eds.). (2010). *Mind the gap: Tracing the origins of human universals.* Springer. https://doi.org/10.1007/978-3-642-02725-3

Chapter in an edited book
[Include a DOI at the end of the citation if available]:
Nelson, G., Lavoie, F., & Mitchell, T. (2007). The history and theories of community psychology in Canada. In S.M. Reich, M. Riemer, I. Prilleltensky, & M. Montero (Eds.), *International community psychology: History and theories* (pp.13-36). Springer.

Webpage on a website
When the author and publisher are the same, omit the publisher. [Include *Retrieved <insert date> from URL* if the page content is changed/updated often]:
National Institute of Mental Health. (2018, February). *Depression.* U.S. Department of Health and Human Services, National Institutes of Health. https://www.nimh.nih.gov/health/topics/depression/index.shtml